

## **CPR, FIRST AID and AED – Online Blended**

Course #41118

### OVERVIEW

This blended CPR, First Aid & AED program reduces the overall time commitment by delivering the training in two parts.

Part 1 is completed on-line allowing attendees to complete the session at their own pace.

Part 2 completes the training session with an instructor lead hands-on skills practice and verification in the classroom.

Conforming to the 2020 AHA Guidelines Update for CPR and ECC, this course is flexible enough for lay responders, provides essentials for immediate medical response in the community or workplace and includes a course completion certificate.

### TOPICS

- Scene hazard awareness & personal safety
- Assessing responsiveness
- Personal Protective Equipment & Blood-borne Pathogens
- Activation of 911 & EMS
- Defibrillator/AED awareness & operation
- High performance CPR
- Choking
- Controlling bleeding & managing critical injuries
- Recognizing signs & symptoms of medical emergency
- Supportive care & managing shock

### ADDITIONAL COURSE INFORMATION

Class Length.....5 hours  
Class Size .....Up to 12  
Renewal Period .....2 Years  
Course Format.....Online & On-site  
Prerequisites.....None  
Customization .....Not required

### SAFETYMAX OFFERS THESE ADVANTAGES

Professional and engaging instructors  
On-site training throughout the U.S. & Canada  
Webinar / Online training options  
Training administration and record keeping services  
Meets OSHA requirements



Safetymax is pleased to partner with the following training providers and agencies

